

| Policy         | CBA - 007    |
|----------------|--------------|
| Effective Date | July 9, 2024 |
| Board Approval | Yes          |
| Review         | Annually     |

# **Weather Policy**

## **Inclement Weather**

The Clarington Baseball Association aims to minimize unnecessary travel due to poor weather. However, weather can be unpredictable, and it is crucial for players, coaches, and umpires to proceed to scheduled games unless notified otherwise. Here's how we manage game day decisions:

## **Before Arriving at the Field**

- Field Permits: The Municipality of Clarington may revoke field permits up until 4 p.m. due to unplayable field conditions. If this occurs, the Clarington Baseball Association will immediately notify all participants of game cancellations.
- Notifications: The House League Executive monitors weather conditions and will send out notifications to all participants as late as 30 minutes before game time if a cancellation is warranted. This could be due to excessive rain, thunderstorms, or extreme heat. If no message is received, players, coaches, and umpires should plan to attend their scheduled game.

#### Upon Arrival at the Field

• Field Safety: Coaches have the discretion to cancel or delay the game if the field is deemed unsafe, or if there is thunder. Conditions may vary at different fields.

#### **During the Game**

• Weather and Field Safety: Coaches and umpires will jointly decide on the safety of the field and weather conditions. Umpires will make the final decision regarding game continuation, following the Baseball Ontario Weather Policy.

# **Thunder Protocol**

## Clarington Baseball Association follows Environment Canada's thunder safety guidelines:

- 1. Seek Shelter: Immediately seek shelter if you hear thunder. Use a sturdy, fully enclosed building or a metal-roofed vehicle. Each player should get into their parent/guardian vehicle or another pre-agreed vehicle.
- 2. Wait Period: Remain sheltered for 30 minutes after the last thunder sound. Stay in a safe area until the threat has passed.

The Clarington Baseball Association follows Environment Canada guidelines concerning lightning safety: Lightning safety overview - Canada.ca

Note: Please refer to <u>EOBA Policies</u>, specifically rule 4.2.10, on thunder and how a game is completed due to weather delays.

# Playing in the Heat

With summer comes the risk of heat-related illnesses. Players should arrive with cold water and sunscreen.

Heat Illness Symptoms: Watch for dizziness, headache, weakness, tremors, muscle cramps, nausea, vomiting, or unusual heartbeat. In case of heat stroke symptoms (throbbing headache, vomiting, rapid strong pulse), call 911 and cool the person until help arrives.

# Heat Zones:

- White Zone (18°C 26°C): Normal measures apply.
- Yellow Zone (27°C 36°C): Ensure players stay hydrated, take frequent breaks, and rotate players often.
- Orange Zone (37°C 40°C): Limit catchers to 2 consecutive innings, reduce game and practice times as follows:
  - 5U and 6U/7U: reduce by 15 minutes
  - 9U and 11U: reduce by 20 minutes
- Red Zone (41°C 46°C): Cancel Tee Ball and Blastball games. Other divisions follow Yellow and Orange Zone measures, with final decisions made by coaches with input from parents/guardians.
- Black Zone (47°C+): Cancel all practices and games.

Note: The humidex can vary throughout the day. Adjustments may be needed based on current conditions. Parents and guardians have the ultimate responsibility for their child's participation in events, considering their child's age and physical condition. Ensure children are prepared with sunscreen, proper hydration, and adequate breaks.